



The Power of the Berry

By: Colleen Bucher

These tasty little morsels are finally in abundance and ready to eat in Eastern North Carolina. Of course, we see a variety of berries in the market year-round, but it is likely that some of their nutritional value is compromised due to early harvesting and shipping conditions.

The first of the berries on the scene are strawberries, followed by blackberries, blueberries, and raspberries, with cranberries closing out the fresh berry season in the fall. These very versatile, extremely healthy little fruits deserve much respect when considering their nutritive value. One cup of berries is less than 100 calories and an excellent source of vitamins and minerals with strawberries providing 24% more Vitamin C than an orange. They are also good sources of Vitamin A, potassium, and fiber and are basically starch free, but are high in fruit sugar or fructose, a natural sugar that has a slower impact on blood sugar than glucose.

Berries are on the list of recommended daily foods due to their antioxidant content and other phytochemical properties. These compounds are strong anti-inflammatory agents, which have been known to help fight cancers, reduce the risk of heart disease, regulate blood glucose, lessen arthritic pain, and fight urinary tract infections as well as strengthen the immune system.

Unfortunately, berries are very delicate and should be cared for gently. When at all possible, purchase

berries from local farms. The less time a berry spends between harvesting and consumption means less nutritional value lost. Choose berries that are plump and bright in color, avoiding bruised or shriveled ones. Vitamin C is decreased through handling and exposure to light so, for optimum nutritional value, don't wash berries until just before eating and store them in the refrigerator in their original container for up to two days. Now, it's not that you shouldn't purchase berries in the winter months, as the healthy dark purple and red color compounds and the fiber are maintained. Just don't count on them as a good source of Vitamin C.



Berries can be included in any meal. They give a nice fresh zest to your morning cold cereal or oatmeal. Toss any washed berry on a bowl of greens along with roasted pecans or walnuts and a little green onion. Mix in a little poppyseed or vinaigrette dressing for a tasty side to any meal. Berries really shine when you're craving dessert.

Top ice cream or angel food cake with any berry and create a healthy end to your meal.

Before berries ripen too much, make a healthy pancake syrup to use instead of maple syrup. Put one pint of blueberries in a small saucepan with 2 tablespoons of any 100% fruit juice (grape, orange, or apple work best) and ½ teaspoon cinnamon. Slowly simmer, stirring frequently, until the berries start to pop. Add 1 teaspoon of cornstarch, which has been mixed with 1 teaspoon of water, and stir until the mixture starts to thicken slightly. Remove from the heat and serve warm with pancakes or waffles.

A Newcomer's Perspective...

By: April DeGennaro

First of all, thank you. Whoever you are, you make Cypress Landing amazing. So many of you have waved from your vehicles and later said, "Oh, I saw you walking your dog." People have seen us at our building site and stopped to chat. Others just come up to say, "Hi! I'm so-and-so. Are you new?" Cypress Landing is truly a "hidden gem" and like many of the recent surge of new homeowners, Rio and I cannot believe how fortunate we are to have made the decision to join this "vibrant and active" community. A marketing website simply cannot adequately capture the magic of this place. When I say "magic," I am referring to the essence that can't be named, described, or quantified that is everywhere here at Cypress Landing.

While the web site for Cypress Landing is very well done in terms of informing people about how our community stacks up with other communities, you can't fully appreciate our community until you actually move here! The first thing we noted is Cypress Landing is full of attractive homes that are beautifully landscaped and maintained. In the spring, we were astounded when everyone's gardening efforts really did shine. I've never seen such gorgeous camellias, azaleas, and tulip trees. Now the hydrangeas and gardenias are putting on a show. Thank you to all who work lovingly in your own yard to make Cypress Landing such a joy to walk or drive through. The common areas of this place are beyond words. "Beautiful" falls short in describing the landscaping. A neighbor I walk with champions the work of the committees, explaining it's the volunteers who make special displays like bridges decked out in flags and a community garden that blossoms into a living work of art. The willingness of the community to contribute collectively to the benefit of Cypress Landing in many small ways is extraordinary.

Another feature of Cypress Landing touted on the website is the 4-star 18-hole golf course. The website description just can't capture the spirit of a club that is a wonderfully welcoming place especially when you are new and eager to golf. So many groups invite you to join them, and the golf events are fun and not stressful. Brad and the pro shop staff have quickly made us feel like we've been golfing here for years. It reminds me of "Cheers", "where everybody knows your name." This occurred quickly and I've never had that experience at a golf club. The smiles and efforts the golf club folks put in daily to meet the needs of golfers, who are often not in the best mood after a round, is incredible. Kahlil and the staff at the grill work diligently to make the club and the events we've attended tasty and attractive. We are incredibly grateful, not just for the highly rated club, but for the people who make the golf club such a warm and welcoming place.

While it is true, the marina is fabulous and is just steps away from our future home, we are most grateful for the helpful people who watch over the marina and can't wait for someone to come in the marina lobby door, to share the wonders that are Cypress Landing. We are particularly excited about the new fishing group and the many kind folks who have invited us onto their cruising boats.

We are astounded that the Bay Club Operating Committee provides weekly, as well as whole community social events for the community, and we enjoy both the Iris Lounge and the fun sounds of Never 2 Late. We find we are happily exhausted much of the time from all the social activity. One picture on the website scroll shows the Bay Club sitting majestically above a kayaker in the foreground as he paddles into the marina. This photo perfectly captures the sense of awe and gratitude we feel every time we return to our "home port."



I've spoken with other new residents who say they too have been "adopted" by neighbors who provide camaraderie and information as they settle in. People who sponsor and support new residents are the single biggest gift to Cypress Landing. The work they do quietly and with love is astounding. Everyone here is real. Everyone here is actively friendly. One neighbor calls it "kindergarten syndrome." – people here just walk up and say, "Hi, I'm Bill, wanna be friends?"

My school superintendent used to refer to our school system in Georgia as having a "secret sauce" that made initiatives thrive, families happy, and children above average. I am uncertain if a website can possibly capture the magic of "real people and new friends" because magic can't be captured in words. However, regarding the statement on the Cypress Landing HOA website, "*We strive to be all you can ask for in a livable, coastal NC community,*" MISSION ACCOMPLISHED! Cypress Landing is not **striving**, it's **succeeding**, at least in the eyes of this newcomer.

Thank you to everyone who has reached out to welcome us and to the people who sponsor newbie families. You are an essential ingredient in the magical secret sauce at Cypress Landing.

"All Gave Some, Some Gave All*"

By: Judy Orchard, Co-Chair of the Military Committee

The newly established Cypress Landing Military Committee hit the ground running this year with successful back-to-back events beginning with the long-enjoyed tradition of honoring those who made the ultimate sacrifice. This year's Memorial Day event drew over a hundred residents, many of whom were veterans, to remember and honor all those who gave their lives in support of our freedom.



The event began with the New Bern Chapter of the Young Marines providing a moving color guard performance but also held some tried and true traditions with Ret. Col. Bill Staton as the emcee and Ret. Col. Bill Hufham providing the Pledge of Allegiance, Invocation, and a beautiful version of Taps on his flute.



Our own Tom McCluskey provided the sound system and special patriotic music which really helped to set the tone for this incredible tribute. The newly formed Teen Social Committee were also on hand to assist and hand out the event programs. The event concluded with residents gathering for some patriotic goodies while veterans were treated to rides around Cypress Landing compliments of the Vintage Car Club. Images as well as a video from this special day can be found on our Facebook Page (facebook.com/groups/cypresslandingvets). A special thanks to Beth McCluskey for the wonderful photos!

The Military Committee was also pleased to provide the first in a series of events to honor the various military birthdays and residents who serve under each branch. This year's Army Birthday Celebration was combined with Flag Day and was held on Sunday, June 13, at the CL Marina. The festive



event, sponsored by Nava Software Support and Services, began with a brief ceremony and prayer led by Ret. Col. Bill Hufham and included music, corn hole, activities for



the kids, free miniature flags and pins, food, and beverages (including FREE BEER), and a delicious cake.

Our next birthday

celebration to honor and recognize our U.S. Coast Guard service men and women will be on Wednesday, August 4, beginning at 5:00 PM at the Bay Club. We hope you will join us and help us celebrate our local heroes!

In addition to military birthdays, military football games and a special Veteran's Day event, the committee is also pleased to be partnering with Richard Beach and Gordon Nash to host the popular Military Appreciation Day on Saturday, September 25. Information on ways you can participate and/or sponsor this incredible event



to honor our active-duty military men and women will be sent to residents shortly. In the meantime, mark your calendars for this special day!

For those residents who were not aware of the Military Committee, it was created in 2020 to serve our

many veterans and active-duty service members living in the Cypress Landing community (approximately 170 people). The committee was formally approved by the HOA and serves as a sub-committee under the Social Committee. Their mission is to ~~aid, social~~, educational, ceremonial and philanthropic opportunities to our veteran and active-duty residents. If you are a veteran or active-duty service member or are just looking for ways to get more involved in this tremendous committee and community, please email us at veterans@cypresslanding.com.

**Quote attributed to Howard William Osterkamp, Korean War veteran and purple heart recipient.*





Audubon International – CLGC Recertification

By: Larry Howard

Earlier this month the Cypress Landing Golf Course (CLGC) received confirmation of being recertified as a “Certified Audubon Cooperative Sanctuary”. This follows a site audit in May by the Audubon International Group. CLGC is one of over 900 courses in the world to be certified by Audubon International for their strong commitment to environmental quality, wildlife and habitat management, water conservation, reduction of chemical use and general safety improvements.

Stanley Elliott, our course superintendent, led the site visit which included a golf cart tour of the entire course. The tour included stops to the improved Chemical Building, 92 bird houses on the course as well as a visit to the Habitat Garden, where Pat Piacente provided comments on the garden’s purpose and objectives. In addition, Stanley answered questions on a variety of course maintenance and environmental efforts.

Initially certified in 2012 and every three years thereafter, CLGC takes pride in the achievements of the last several years and in being recognized by Audubon International. The concluding comments by the Audubon auditor were both positive and rewarding: “CLGC meets all levels of being an Audubon International certified property and my time with Stanley and club volunteers was excellent. Cypress Landing is in good hands”.



Cultural and Education Committee Planning for the Fall Program Schedule

By: Sharon Collins, Corresponding Secretary

The Cultural and Education Committee has been planning for the new year’s programs and is excited to welcome back live programs. We will kick off our 2021-2022 season with a concert on the Marina Lawn on Sunday, August 29th at 7:00 pm with John “Singer” Benson. Bring your chair and snacks! Beer and wine will be available for purchase.



Join us on September 12th from 1:30 pm - 4:30 pm for the Plein Air Happening in the Butterfly Habitat. You can watch our talented Cypress Landing artists paint in this beautiful location. We will be back in the Bay Club on Sunday, October 10th at 7:00 pm when we welcome Keeper James Charlet, author of ~~Shipwrecks of the Outer Banks~~, to share stories of America’s Forgotten Heroes – America’s Lifesaving Stations.

We continue to recognize our talented Artist of the Month –

April – Carol Gleason
May – Robert Taylor
June – Bill Walker
July – Allan Weaver

You will find their work featured on the HOA website and in Weekly Escapades.

We have resumed our Happenings in the Area calendar featuring concerts and festivals in the area that might be of interest to our residents. The Summer calendar can be found in the Weekly Escapades and on the HOA website. Check out our page at Beat Boredom with C&E at <https://www.cypresslandingnc.com/cultural-education-committee/>.

See you on August 29th on the Marina Lawn to kick off our new year of programs.

— Butterfly Garden – Then and Now —

By: Pat Piacente

Have you been to the Cypress Landing Butterfly Habitat lately? A lot has been happening there and it's well worth a visit.

The most recent new features are a rock waterfall and footbridge that span a previously impassable wet area. Building & Grounds (B&G) members built the bridge and Habitat Team members Donna and Willis Ennis led the design and construction of the waterfall. Rock donated from Molly and Tim Emanuel made the whole structure a possibility.

Beyond this new feature, the Habitat has undergone many changes both organizationally and structurally. Beginning in 2011, founders Judy Keohane and Stanley Cohen led CL volunteers in the creation of this natural environment with just personal donations. Coincident with the HOA taking over ownership of the CL Golf Course, our HOA adopted the Habitat. The ~~CL HOA~~ now provides support and funding for the Habitat through the Environmental Committee (EC). The EC has been active in recruiting residents to the Habitat Team and creating a Beautification Fund. Judy Keohane continues her engagement as "voice of the pollinators" and is leading the newly created EC Educational subcommittee.

Responding to community input, the Habitat Team has been working to add structural interest and broader appeal to residents while still maintaining the tenants of a wildlife habitat. Recently they provided support to the CL Golf Course Audubon recertification effort led by Larry Howard and Stan Elliot. Habitat Team volunteers now lead specific tasks or are responsible for areas of the Habitat. This organizational change has created ownership and encourages team members to develop expertise. Habitat workdays have been continuously held once per week even through Covid. Workdays are full of camaraderie and a unique opportunity to learn.

Many, many thanks to those who have volunteered to work in the Habitat or given personal donations. We are so grateful to B&G members for their support. That, along with HOA funding, has allowed the following enhancements to be completed.

- Herb, perennial, meadow, container and annual beds created using many native plants. Landscape design aided by Kay Graham.



Habitat Wet Area – Before

- A storage building (tools donated by CL residents) and expanded common area space.
- Improved 3-bin compost system (open to community) and copper-roofed birdhouse constructed by George Van Matre.
- Metal sculpture from local artist, Jonathan Bowling
- Memorial vignette – a seating area of winterberry hollies (to feed the birds).
- Creation of a 'stumperie' by Linda Mewborn in the wooded area for seating and walking paths.
- A nursery area and holding bins to nurture new plantings.

The Team continues to follow good environmental practices by:

- Using compost and CL leaf refuse to create mulch/soil amendments.
- Recycling of large stumps and limbs into wood chips for paths or a "hügelkultur" – a raised garden bed using larger compostables.
- Soil testing and amendments according to NC State recommendations.
- Supporting wildlife by leaving leaf debris and seed heads up through the winter and retainment of 'snags' – dead trees.
- Installing native bee houses – designed and fabricated by Robin and John Kenney.
- Using no insecticides (except for fire ants).

The Habitat Team would love to share their passion for gardening and Nature with the community and welcome your input and involvement. Do you have horticultural questions or topics of interest? Contact Judy Keohane. Want to join our Team, contribute to our Beautification Fund, or have ideas for events/suggestions for the Habitat? Contact Liz Wheeler or Pat Piacente, EC Co-chairs. Share your design ideas with Kay Graham or Molly Emanuel. We would all certainly enjoy hearing from you and seeing this amenity be enjoyed by the community.

Watch for upcoming Habitat events in the Escapades. There are plans afoot for a Plein Air event for artists in September and an Open House in October. Hope to see you then or just on a stroll.



Habitat Wet Area – After, with Waterfall and Footbridge

Going Clubbing?

By: Tom McCluskey

Unlike the kind of “clubbing” my oldest daughter engages in while sampling the best of post-Covid Spanish night life, going “clubbing” here in Cypress Landing is an engaging, healthy, fun, and often educational endeavor. We have many clubs and groups to choose from, and you may elect to be a member of as many as you like if you have the qualifications, interest, and enough time for all of them. At our first Tuesday night Wine Club tasting event (one of our newest clubs here at CL – and one for which I am eminently qualified, not as a vintner or sommelier, but as a devoted consumer), I learned, for example, that after about thirty minutes of one-ounce pours and civilized, orderly discussions about tannins, bouquets, and appellations (terms that I only pretend to understand), decorum begins to, shall we say, deteriorate slightly. Here is an approximate timeline:

1645 hrs.: Cars arrive at the outer Bay Club parking lot and begin setting up for a wine tasting tailgate gathering. Good citizens of CL set up creatively decorated tables, replete with hors d’oeuvres, canapes, crackers and cheese, chilled white wines, and hearty reds, along with a brief written description of the wines offered by each club participant. Most attendees exercise restraint and, even if opening their bottles to breathe, do not pour until the appointed time of 1700 hrs. A few of us feel mildly discomfited that, although we are tailgating, there is no sporting event to attend immediately following the proceedings.

1715 hrs.: The wine tasting is in full swing – with nearly every participant adhering to club guidance; limiting pours to one ounce, and engaging in civilized, friendly conversation around and about wines.

1730 hrs.: (or 5:30 pm for those who have neither served in the military nor traveled extensively abroad), My better half and I face a dilemma: Stay at our tailgate and continue to pour wine for the many participants – or abandon our posts and sample the veritable cornucopia of diverse vintages being offered up and down the parking lot. “I’m happy to go mingle and sample while you hold the fort here” I politely suggest. It is then that



I register a look I have experienced many times before – usually right after having proposed something stupid, or bad – or both. Guys, you know what I mean.

Women have been taught this look by their mothers dating back to when the first caveman brilliantly tried to see how long he could hold his hand over the first fire. Yep, it is the dreaded “whale eye”. You know, the one raised eyebrow and the askance look that states definitively what mere profanity can only suggest.

Really? Are you serious? You’ve got to be kidding me!

1745 hrs.: Not being able to stand it anymore, we both abandon our cave and our wines and set out on a quest for more wine and to interact with old and new friends.

1800 hrs.: I realize that the bare wooden TV tray I brought to serve our wine and food on was slightly inadequate; wholly outclassed by the creativity and beautiful presentations offered by more experienced Cypress Landians – many of whom brought wine themed tablecloths, statuary, floral bouquets, fruits and even lighting to complement their tables. We later vow to invest a not insubstantial sum for a deluxe folding table, fancy new camp rockers and various serving trays and even some wine to bring to future events.

1815 hrs.: Nearly everyone has abandoned their tailgates; folks are mingling happily and laughing and occasionally even talking about wine.

1830 hrs.: Word ripples through the crowd like a PSA at Woodstock that all the food and wine must be consumed before the tasting session ends.

1845 hrs.: Marauding bands of wine tasters (or perhaps it was mostly just me) roam freely across the upper Bay Club parking lot, pouring happily and freely from the remaining bottles of wine, and grazing liberally at numerous unattended tables (and our TV tray). I am in heaven.

1900 hrs.: I am starting to feel full, but then come upon a table sporting chocolate covered strawberries and a nice brut bubbly. Dessert!

1915 hrs.: I’m having some trouble remembering exactly where I parked, but luckily notice that most wine club members are heading home making the process of eliminating vehicles that are not mine that much easier.

1930 hrs.: Having no sporting event to attend afterwards, a small number of us remain and talk well into the evening. Sharing secrets and plotting next steps on how to build on this event and plan many others.

Gathering as community with so many friends after a year and a half without substantial personal interaction proves nothing short of glorious. The newcomers we meet as strangers depart as good friends. Old friendships are rekindled as if no time apart has passed. And something tells me we’re in for a good year as our CL clubs, committees and groups once again gather to stage more and larger community events. Special thanks to the organizers, instigators, volunteers, and participants that make life here at Cypress Landing so special.

Cypress Landing Wine Club

By: Bob Douglas

On Valentine's Day 2020, an event called "Wines, Valentines, and Chocolate" was held at the Bay Club. The event featured tasting a flight of six premium wines, each of which was paired with a delicious appetizer. The history and origin of each wine was presented by Matt Corson, our local wine expert. The night was a resounding success. At the close of the evening, a sign-up sheet was circulated to determine who might be interested in forming a Cypress Landing Wine Club.

Over 60 people signed up that night. Soon thereafter, a Steering Committee was formed for the purpose of planning further activities and events. We had planned to have one or more movie nights at the Bay Club in March and May 2020, featuring wine tasting and then a wine-themed film. It was a great plan, but the Grinch called Covid came to visit, and we all retreated into self-imposed survival hibernation.



As luck would have it, science prevailed, vaccines were developed, and most Cypress Lander's availed themselves of the opportunity and received their vaccinations. That, coupled with the Governor's decision to ease restrictions on outdoor gatherings, allowed our Steering Committee to spring into action and

plan our first official Cypress Landing Wine Club Event – May 20, 2021 Wine Tasting Tailgate Party in the Bay Club parking lot. What a concept!

For our CL Wine Club Members, it was Game Day! It was a resounding success, with over 30 cars filled with thirsty revelers participating. Most teams brought two bottles of wine to share for tasting, along with appetizers and written descriptions for each of their wines. People loved sharing their favorite wines with old and new friends and visiting with fellow residents that they had only seen out walking, on the phone, on e-mail, or at Zoom meetings. Talk about a cure for Cabin Fever – Wine Tailgating Works!

As one might predict, our membership list has exploded, and we now have over 160 Cypress Landing residents that have expressed an interest in being a part of the CL Wine Club. Our challenge now is not interest, but how to plan a wide enough variety of events to meet the interests of our diverse membership, while not burning out our planners.

For now, we are considering keeping the First Tuesday of the Month Wine Socials through Summer and Fall, perhaps using the Wine-Themed Movie Nights as activities during Winter and Early Spring, repeating the Valentine's Wine and Food Pairing event in February, and exploring some wine producing areas in North Carolina and Virginia for possible 2-3 day wine tasting road trips for the future.

CL Wine Club contact e-mail: cypresslandingwine@gmail.com

When in Doubt, Invite a Friend, and Wine a Bit! You'll Feel Better!



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Standing HOA committees have first priority to print their articles and pictures. We also invite other Cypress Landing groups and individuals to contribute. Submitted material may be altered by the editorial staff who is charged with publishing a community newsletter financed by our advertisers and shared with potential residents.

Printed issues of The Landing are published in winter, summer, spring, and fall. Issues can also be read online by visiting our website at www.cypresslandingnc.com.

The Landing is the official newsletter of Cypress Landing Master Homeowners Association.



HOA Social Scene

By: Jackie Douglas

Let's ALL go to the movies right here in Cypress Landing.

On November 7, 2020, the HOA Social Committee rented an outdoor movie system and showed the movie Forest Gump. Following that event, a relative of a CL resident approached us with the opportunity to purchase the whole outdoor movie package (projector, screen, DVD player, amplifier etc.) at an incredible price. Because this outdoor movie package could be used by all HOA Committees, David Grahek presented the outdoor movie package to the HOA Board and long story short, it was purchased. THANK YOU to: David Grahek for all your hard work on this project and making it happen, Jackie Burkett for putting together the user manual, and the set-up/take-down team Steve Burkett, Don Petska, Andy Smith, Mark Berkland, and David Grahek. Also, a special thank you to the HOA Board of Directors for their support and visionary thinking. We have had two movie nights so far, showing Field of Dreams (May) and Mama Mia (June). We are in the process of selecting the next movie for July and/or August. Please email your movie suggestions to clmovienight@gmail.com.

SUMMER FESTIVAL

After a hiatus of 10 years, the Summer Festival was revived and held on July 10 in the quad area of the Bay Club. Several inflatables, including a 21-foot pirate ship and a dunk tank with some of the well-known locals as dunkees, provided a day of fun. Unique to Cypress Landing, both a yard sale and artist sale were permitted for the event. Fun and food, (popcorn, snow cones, water, sodas, and food trucks) along with face painting and washable tattoos all set the proper mood for a great reopening of the Social Committee calendar of events.

POTLUCKS

There has been some confusion between the Potluck Suppers and the Newcomer's Potluck. Well, be confused no more, the Welcome Committee has come up with a new idea...a Meet & Greet at the Iris Lounge for the Newcomer's. **Stay tuned for the date/time for the first Meet & Greet.**

It is time to start-up the Potluck Suppers. The next Potluck Supper will be September 10, 2021. More information will be sent out soon.

Save-the-Date – September 18, 2021 - Dock of the Bay

This will be a catered dinner, cash bar, entertainment, dancing, and games at the Marina – More information coming soon!

Please remember to read the **Escapades** you receive in your email every week. All events, outdoor movies, meetings, seminars, and other information are posted in that weekly email.

The HOA Social Committee meets on the first Wednesday of each month in the Washington Room of the Bay Club at 4 p.m. Join us and add to the enjoyment of our community!



PRESIDENT'S MESSAGE

"Cypress Landing has Come Back to Life!"

By: Bill Ramsden

President of the Board, ~~CL~~HOA

Beaufort County has reported an approximate 88% vaccination rate for those over ~~65~~ and I believe our rate in Cypress Landing is even higher given the concern of our neighbors. These vaccination rates have enabled us to open our amenities along with governmental approval.

~~Recently we~~ had a hugely successful event by Never 2 Late in the Bay Club. On June 27th there was the Surfin Safari party with approximately ~~413 total including~~ 27 invited guests. Sheriff Ernie Coleman and representatives from the Chocowinity Fire and EMS Departments were in attendance. Hats off to Skip Vail, Julie Williamson, and Commodore Tom McCluskey as well as the entire Yacht Club Social Committee for putting on a great event. Reports are it was the biggest event in our history. We will all be looking forward to the next one!

By the time you read this, our Summer Festival will have just ended. I'm betting you are remembering another great time in Cypress Landing! A huge thank you to Dave Grahek and his team for stitching all this together! Another example of how our neighbors pull together for success!

However, Cypress Landing is more than great parties and events. Everyone knows about Pickle Ball, which has proven remarkably successful. We now have a group trying Bocci Ball and Yoga. We had parking lot fitness in the fall/winter months, and we cannot forget water volleyball.

The Buildings and Grounds Committee has enhanced the front entrance of the Bay Club with new plantings and will soon be placing new signage at the entrance to the fitness center. The Fitness Center Committee will be announcing improvements and our golf course is seeing a turnaround.

I would be remiss if I did not mention the Butterfly Habitat Garden, which has been transformed into a beautiful enhancement to the Cypress Landing community enjoyed by ~~many~~.

Elsewhere in this issue, you will see an article about how welcoming the community of Cypress Landing ~~is along~~ with the spirit of volunteerism that is so prevalent here. Volunteerism is one of the many factors that sets us apart from ~~many~~ other communities. These volunteer committees offer us the opportunity to use the various talents of our residents and, as a result, ~~keeps our~~ dues low considering all the amenities.

Some time ago, I took a couple out for a boat ride who were interested in moving to CL. When I mentioned our ~~dues~~ ~~the~~ women thought, "that's a little high". She thought it was for a month, not a year! ☺

This piece may sound like I am a champion for Cypress Landing. How can I not be? Go out, volunteer if able, and enjoy all CL ~~Has~~ to offer! I may have missed something, but thanks to ALL our volunteers ~~and~~ our newest, the Military Committee and the Teen Club!



DO YOU KNOW YOUR “ABC’S”?

By: Tomi Moody – Community Association Manager



Disclaimer: The intent of this article is not to create a “NO FUN ZONE”, but to share with our residents the rules the HOA must follow as ABC permit holders so we can work together along with our staff members to provide a safe and fun environment for all, as well as eliminate the risk of fines and/or permit suspensions.

When a permit is issued, the “permittee” (in this case the HOA) is bound to ensure the Commission’s laws and rules governing the sale, possession, transportation, storage, and consumption of all alcoholic beverages on the licensed premises are adhered to by both employees and patrons. Failure to comply with these statutes may result in fines, suspension, or revocation of the ABC permit.

The laws/rules were written with the safety and general welfare of our patrons in mind. These laws and rules require the ABC Commission to also track the activities of our permit and to ensure we are offering only the services allowed under the permit. It is also expected we will voluntarily comply with the laws and rules. Alcohol Law Enforcement (ALE) agents make inspections to prevent us from unintentionally violating these laws and rules. HOA staff members as well as members of the Bay Club Operating Committee attend Responsible Alcohol Sale Education courses. The course covers many rules-of-the-road (www.ncabc.com). For this article I wish to feature some of the most important to in our community.

First – some definitions:

Licensed Premises: The Bay Club, Marina and Marina Patio (excluding docks), Bay Club Pool, Bay Club Upper and Lower Grounds and Parking areas)

Spirituous Liquors: Any alcoholic beverage obtained by distillation, mixed substances in solution, and includes things like brandy, rum, whiskey, gin and every liquid or solid containing alcohol and which are fit for use for beverage purposes.

General Rules:

Spiritous liquor must be purchased and consumed on the licensed premises. You can never “bring your own” and there are **No** “to go” sales allowed by the drink or by the bottle. Breaking either of these rules can result in fines, suspension of our ABC license, and suspending the use of the amenity.

Any spirituous liquor that does not have a mixed beverage tax stamp on it is strictly prohibited on the licensed premises. Non-compliance can result in a fine to the owner of the liquor.

Spiritous liquor can be consumed on private personal property or a licensed premise only.

Bring Your Own Beverage (BYOB) of **beer and wine** is allowed in most circumstances except when the bar is open – then it is considered “comingling during commerce”.

The roads within Cypress Landing are state owned and maintained. Law Enforcement can set up DUI checkpoints at any time.

Customers:

Alcohol may not be consumed, sold, or served to any person who is intoxicated. (Editorial Note: We understand a few of our residents have compromised our permit and staff by drinking to intoxication. This can lead to staff

members being cited, charged, and if convicted, ~~losing~~ their ability to bartend for three years. Also, the HOA may be fined and/or permit suspended. This should be taken seriously. Failure to comply may result in suspension of your Iris Lounge privileges).

Customer’s Conduct: Persons who become loud, boisterous, or disorderly *may not* be allowed to remain on the premises. Permittees are responsible for the disorderly conduct of customers anywhere on their property including, parking lots and outdoor service areas.

Membership:

A membership roster with all members names and addresses in alphabetical order must be always kept on the premises.

Proof of membership (membership card) must be issued to the member and kept in his or her possession when on the licensed premises. (Editor’s Comment: This is an ABC law – not something the HOA initiated).

Members must always accompany their guests.

Underage Drinking:

Alcohol may *not* be consumed, possessed, sold, or served to persons less than 21 years old even if it is given to them by parents or older adults who are with them.

If alcohol is purchased for a minor from a business, the employee will be charged criminally as well as the permittee being fined up to \$5000 and/or have their ABC permit suspended or revoked.

Other Items of Interest:

Happy Hours: Free drinks or reduced-price drinks cannot be offered during limited hours.

Special prices must be offered to all customers for the entire business day in all areas of the business.

No advertising bearing an alcoholic beverage brand name may be displayed outside your business or in the window of your licensed premises.

Permit holders are responsible for any actions committed by their employee(s) during their hours of employment.

Conclusion:

The HOA has developed excellent working relationships with State and County ALE personnel. We continue to receive positive comments regarding our record keeping and rules compliance. However, we are not perfect and have received a few warnings regarding non-compliance over the years. The ALE is also impressed with our proactive approach to educating our HOA staff members, committee members, and residents.

If you witness behaviors that could jeopardize our ABC Permit, please notify the Bar Staff during commerce, or contact any member of the CLHOA Board of Directors or Community Association Manager. You may also direct any questions to cam@cypresslanding.com.

In closing, the goal of this article is to avoid non-compliance issues jeopardizing the community spirit that our ABC Permit provides. Your cooperation is greatly appreciated. Cheers!

(Editor’s Comment: Think about it...You do not wish to be that neighbor that causes the Iris Lounge to be closed).

Let the Good Times Roll!

By: Jim Gabor

Tennis and Pickleball Socials were held this past May and provided for much needed days of sport and relaxation among our Cypress Landing players. These two amenities continue to provide great opportunities for healthy exercise and camaraderie for all age groups. Though our tennis courts are 25 years of age, they are still heralded among the best playing clay courts in Eastern North Carolina. On the other hand, the two pickleball courts are the newest amenity, and they are a source of great pride for both players and community members alike.

Pickleball

On 5 May, the community Pickleball players celebrated Cinco de Mayo with a community tournament and social with good amounts of food, refreshments, music, prizes, and fun. The definition of Cinco de Mayo stands for the **5th of May**, a holiday recognized in the U.S. and Mexico to celebrate Mexican heritage. This event was focused on our Pickleball community, but also served as a charitable event, providing over \$1,400 in donations to the Chocowinity Emergency Medical Services (EMS). Many thanks to all the volunteers, especially Cathy Wheeler, Pat and Karen Kinlaw, Gail Baird, Mary Revilla, and MaryIn Saxman who helped organize and conduct this event. Over 85 community members attended (Including Bill Ramsden and Dave Schmitt from the CL HOA board), along with representation from the EMS.

The Pickleball tournament included 24 pairs of doubles players. The play was fast and hard. After a couple years of pickleball play in our community, there was great talent and spirited play displayed by both the ladies and men. The competition was divided into two groups of play, one for advanced play and one for the less experienced players. Marty Paramore and Gail Baird were victorious in the advanced play group, Tom McCluskey, and Barbie Spurlock in the social play group. Donated baskets of goodies were provided to the winners along with several door prizes.



L – R: Fire Chief Tommy Pendley, EMS Captain Brandon Elks, HOA President Bill Ramsden, HOA VP Dave Schmitt, Jim Gabor, Chair Tennis/Pickleball Committee

Chocowinity EMS

Near the end of our social, the Chocowinity Fire Dept and EMS were kind enough to drive through our community on a fire truck and EMS vehicle and stop at the Pickleball courts for a brief ceremony. Bill Ramsden, President of the Homeowners Association along with the VP, Dave Schmitt, presented the Chocowinity EMS Captain, Brandon Elks and Fire Chief Tommy Pendley with the collected donation and they expressed their extraordinary gratitude to not only the Pickleball community of players, but to all of Cypress Landing for their continued generosity. This ended a great day of sport and fun for the CL community.

Tennis

On the Tennis side, a similar social event was held on 15 May. The weather and temperature were near perfect for this event. The tennis courts got a good workout from the teams of mixed doubles players. Becky Northup with help from her hubby, Jeff, led the way, organizing all the event details including the schedule for tournament play, food, and refreshments. The day was filled with spirited play and chatter on the sidelines. The various teams displayed their excellent, experienced team play, chasing down balls sideline to sideline and deep. Everyone was a winner with the gorgeous weather and fun-filled sports activity continuing into the early evening. Thanks to all our great community tennis players for your participation.

If you have interest in playing either sport but have been shy about asking or maybe feel unsure how to get started, please contact me, Jim Gabor (Chair of the Tennis/PB Committee) at 207-751-2859 (text or phone call). Play is at all skill levels so there is always an option for new or experienced players. I will be happy to answer your questions and get you in touch with the correct folks who can get you more involved. *Game on!*



Military Appreciation Day (MAD)

By: Bill Staton

Save the date! The 12th Annual Cypress Landing Community Military Appreciation Day will be held Saturday, September 25, 2021.

This is one of our ~~communities'~~ premier events! We will host 90+ military active-duty men and women to a complementary day of golf, food, beverages, and fun. MAD is a community-wide event funded entirely by the generous contributions of our residents and local businesses solely to honor our active-duty military men and women for the sacrifices they and their families have made on our behalf.

To remind our CL residents, I'll walk you through what to expect that day. The way Cypress Landing residents support our Military Appreciation Day is nothing short of amazing! Eleven years strong and building – our honored military women and men consider this the best golf outing of the year for them.

Before COVID, our last tournament saw 123 players - 93 of which were active-duty military with all our military services represented: Army, Marines, Navy, Air Force and Coast Guard. Invited participants came from near-by Marine bases and Raleigh based recruiters, Seymour Johnson AFB, Elizabeth City Coast Guard base, Navy from Virginia Beach and one soldier from Ft Bragg (Ga) for the second year in a row. I spoke with him after the tournament, and he told me the jam-packed traveling weekend is well worth it. His friend from Seymour Johnson told him about this tournament and convinced him to make the journey. He told me he was SO happy he did! He went on to say he has played in tournaments where they give you a \$100 chit for club house products when you walk in the door and our tournament beats that!

This event could not be possible without the fantastic CL resident participation in the form of financial donations, flags in yards, BBQ/beer/hot dog stands, tiki bars, and tons of baked goods throughout the course. Participants in this tournament always talk about "the party" at the 13th tee box. I'm happy to report Keith Fox is responsible for that singular joy. He outdoes himself every year – he cooks roughly 800 hot dogs and brats brought in from New York! (PS – they are delicious!) Oh yeah – there was ample liquid refreshment to accompany the food.

We had stellar support from community businesses! At the last tournament, Dr. Ainsley Rusevlyan provided a proper pig picking with all the fixings for over 200 people-delicious! Other businesses sponsored holes, donated refreshments, breakfast, gift cards and hole-in-one prizes.

Our residents made the soldiers, airmen, sailors, and marines feel the respect as we met them in the parking lot to help them with their bags, welcome them to the course, and thank them for their service. Several service members reported they had never been treated to such a great event. Gordon Nash, Paul Coakley, and Richard Beach – the perennial masterminds of this magnificent day – agree that in their combined 70 years of service, they were never treated to this nice of a day!

A common refrain heard from our residents was: the service personnel we meet are such nice, polite people and ~~are~~ we're proud of these men and women who protect us. Our residents seem to benefit from this event as much as the service members!

Bottom line...this is a signature event for Cypress Landing. We not only show these young men and women a great time, but we show them how much we appreciate what they do for us day in and day out. As a bonus, the generosity of our neighbors permits us to donate any profits to the Fisher House at Camp Lejeune. This house is within walking distance of the hospital and Wounded Warrior Complex. It is a comfortable, temporary home, filled with warm, caring people who help family members endure the stresses associated with a loved one's serious medical condition. The Fisher House enables families to stay together, cook

meals, do laundry, and relax in a "home away from home" atmosphere. There are no other facilities on military installations that provide this caring, compassionate environment. Fisher Houses do not receive tax money or military dollars. Charitable contributions provide most of their funding. Our last MAD donation was over \$6000.

We are also proud to announce that starting in 2022 the newly formed HOA Military Committee will be running the event. Until then, be on the lookout for forthcoming announcements and flyers to learn how you can participate in making this next event another resounding success!!





TEEN CLUB

By: Jenni Tanner

What started out as a conversation between two moms on the Nextdoor site has become the Cypress Landing Teen Social Club. The purpose of the Cypress Landing Teen Social Club is to promote social activity among teen residents as well as community involvement. The focus of the group is the following:

Social Activities – ~~Provide~~ a safe (alcohol/drug free) environment for teens to connect and grow with their peers.

Community

– ~~Learn~~ more about their neighborhood and how to enjoy the amenities and resources available to their families

– ~~Take~~ ownership and pride in their neighborhood

Volunteer Opportunities/Service Projects – Working together to make meaningful contributions to their neighborhood and community.

Bridging Generational Gaps – ~~Learn~~ new skills through positive mentorship opportunities with residents/members of our community.

Become valuable assets to their community – ~~Find~~ opportunities to put their current and new skills to use.

The Teen Club has been able to participate in two events so far in the neighborhood. The first event was in conjunction with the Military Appreciation Committee, the Memorial Day service held in May at the Bay Club. The teens handed out programs to residents coming to the event. The second event was the Surfing Safari event in June. The ~~Teens~~ assisted with the dynamics of parking. Both events allowed the teens to get to know their neighbors more and to develop work and leadership skills.

The Teen Club had their first social event on Saturday, June 19th. A pool party at the Bay Club pool was held with 19 Cypress Landing teens in attendance, including teen residents and visiting grandchildren. A great time was had by all. There was pizza, basketball, water volleyball, a cannonball contest and like every other Cypress Landing party, there was line dancing!

Current ongoing activities for the Teen Club include a regular Thursday morning Pickle Ball game, Friday morning Bike ride around the neighborhood, and a monthly lunch at The Grill.

~~The Teen Club plans to volunteer with the lawn games at the Summer Festival coming up in July.~~ There are plans in the works for an upcoming Game Night (voted on by the ~~Teens~~) and The Fishing and Yacht Clubs are planning to sponsor a Crab Catching Event including Crab Boil for later in the summer!

A huge part of Teen Club success in starting this year has been the great support from Clubs and Committees already established in the neighborhood. Individual residents have also volunteered significant portions of their time to maintain ongoing activities for the Teen Club, such as pickle ball. The spirit of the community and volunteerism is continuing in a new generation of Cypress Landing residents. If you would like to learn more about the Teen Club, you can join the private Facebook Group “Cypress Landing Teen Social Club” (This page is for teens, parents & grandparents ☺), email clteensocialclub@gmail.com, or contact the group co-chairs, Jenni Tanner 252-327-3297 or Kimberly Williford 252-481-3450.

Marketing Committee

By: Becky Northrup

The Marketing Committee has completed several major projects thus far in 2021. Deep Fried Creative (DFC) of Washington is now our website and social media provider, as well as the editor of our redesigned Discovery Packet. The updated marketing website, www.cypresslanding.com, was launched at the end of January and includes an option to download the Discovery Packet in digital form, or to request a hard copy. Both the website and the glossy Discovery Packet (which became available in the Marina Information Center on ~~March 1st~~) have a much more organized and contemporary look. With DFC’s help, Facebook, Instagram, and Pinterest are also being utilized to reach potential home or lot buyers.

Kelcom Media Services has been selected as our vendor to produce a new marketing video, planned for release on the website in early fall. Plans are also in the works for additional video clips to be used on the website and on Facebook.

The committee contributed to a March 21, 2021, article in the Washington Daily News featuring Cypress Landing (CL) as a very promising place to live. Writer Chelsea Hofmann stated that, “Cypress Landing is one of Beaufort County’s premiere waterfront neighborhoods with a reputation for volunteerism and friendliness.” Access the following link to read the article in its entirety:

<https://www.thewashingtondailynews.com/2021/03/19/waterfront-neighborhood-focused-on-community/>

The Cypress Landing Ambassador Program is back on track after the setbacks of COVID-19. This program is a wonderful way for visitors to experience our community. The program offers potential buyers an opportunity to meet with a local realtor for information on properties in CL, as well as a chance to play golf, have dinner, or even go boating with community ambassadors who are matched to the visitor’s interests. Information on the program can be requested on the website.



THE GOLF Zone



By: Charlie Moore, Chairman, Golf Course Committee

Summer is upon us and with plenty of rainfall, good temperatures, and skilled upkeep - our golf course is in excellent playing condition. There are several sand traps that will be improved as our maintenance staff trims edges, repairs some drainage blockages, and evens the distribution of sand throughout the individual traps. But otherwise, the course is in great shape. We are deeply appreciative of the volunteers who have pitched in to help with sand traps and repair of sections of cart path.

The first five months of 2021 have been both successful and a challenge. In compliance with the North Carolina Governor, Carolina Golf Association, and PGA recommendations, the limitations imposed to arrest the spread of COVID-19 have been removed. We are still asking our patrons to observe social distancing, and if they so desire, wear a face covering. Please cooperate with your neighbors and our public players in these matters.

Our membership has increased. Brad Poplyk, our General Manager, completed a successful new member campaign with an increase of nine new memberships. Public play has done well, too. The numbers are somewhat surprising. ~~Member play compared to budget and last year is down while~~ public play is substantially up. You can see the numbers and our assessment in the GCC Treasurer report posted at the HOA website.

Challenges to date included replacing our Grill manager. Khalil ("cool ill") White has been with us for almost six weeks and brings a great cooking background (including a stint at The Bank in Washington) to match his great personality.

He is doing a particularly good job managing the grill staff, adjusting the menu to meet customer desires, and providing weekend "grab and go" meals. If you haven't had the chance to pick up one of his to-go dinners, come and check him out. He does several each month which are announced in the morning email as well as through Next Door. There has been a significant turnover of grill staff and Khalil is working on recruitment and training of new staff. **A continuing challenge** is maintaining the "eye appeal" of the club house and surrounding grounds. The Golf Course Operator staff, both golf operations and maintenance, are paying more attention to these areas and we expect continuing improvement.

An appeal for help. Please be mindful of proper safe operations when using the golf carts. Golf carts are not to be operated in the woods or in pine straw areas. Staying out of wet areas in fairways and adhering to cart direction signs will help keep the course in the best condition possible. Handicap drivers have special rules to follow, too.

Finally, our Golf Operator, spearheaded by our new assistant golf professional Craig, is putting together a series of summer events to support golf education, ~~learning and fun. Golf clinics,~~ golf summer camps for children, putting contests and special play events (e.g., Couples Golf, Big Hole Captains Choice, Skin's Game, etc.). These events are open to anyone interested in participating. Watch your email and Escapades for these events. Come on out and enjoy golfing with your neighbors!



By: Laura Staton

On Friday, September 10, 2021, the Cypress Landing Golf Course will be hosting the 27th Annual Nutrien/Beaufort County Community College Foundation Invitational Golf Tournament. This is a fundraiser for scholarships, and as such, hole sponsorships are available for \$150 each. Customized signs for hole sponsors will be prominently displayed on the golf course (you can request a specific hole).

BCCC is growing a work force tailored to our community needs as well as preparing tomorrow's leaders to continue their college education in larger institutions. It is utterly amazing how as little as \$100 could be the difference between staying in school or having to choose work/family over self-improvement and a better way of life.

Since this event is literally being held in our back yard, wouldn't it be awesome if EVERY STREET in Cypress Landing got together and sponsored at least one hole? What a way to get behind our Community College and show our community spirit.

Every dollar raised will go to provide scholarships and emergency student grants, enabling students to stay in school to complete their education, achieve personal success and help our community prosper.

For more information on hole sponsorships or to find out more ways you can help, please contact me at (703) 582-2149 or laura1staton@gmail.com.